Product Allergen Specifications

Cornish Premier Pasties

Product / Allergen	Calories	Celery	Cereals containing Gluten eg Wheat	Crustaceans e.g. Prawns	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs i.e. shellfish	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Small Steak Pasty *	544		✓					✓						✓	
Medium Steak Pasty *	688		✓					✓						✓	
Large Steak Pasty *	827		✓					✓						✓	
Giant Steak Pasty *	1073		✓					✓						✓	
Beef and Stilton Pasty (Large)*	973		✓					✓						✓	
Cheese and Bacon Pasty *	701		✓					✓						✓	
Steak and Ale Pasty (Large)*	1000		✓					✓						✓	
Lamb and Mint Pasty*	782	M	✓					✓		M				✓	M
Chicken and Leek Pasty*	690	M	✓		M			✓		M				✓	
Cheese and Onion Pasty*	737		✓					✓						✓	
Spicy Mediterranean Vegetable*	658		✓											✓	
Vegetable Pasty*	678	✓	✓					✓						✓	
Broccoli Cheese and Sweetcorn Pasty*	722		✓					✓		✓				✓	
Chicken and Mushroom Pasty	666		✓					✓						✓	
Spinach and Ricotta Pasty*	760		✓					✓			✓			✓	
Chicken Chorizo Bacon Pasty*	717		✓					✓		M					
Chicken and Bacon Pasty*	760		✓					✓						✓	
Red Thai Chicken Pasty*	745		✓	✓				✓		M				✓	
Turkey and Cranberry Pasty*	757	M	✓		M			✓		M				✓	
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Chicken and Mushroom Slice*	428	✓	✓					✓							
Chicken Jalfrezi Slice *	433		✓					✓							
Steak Slice *	430		✓					✓						✓	
Cheese and Onion Slice*	487		✓		✓			✓		✓				✓	
Bacon and Cheese Bite*	585		✓					✓							
Sausage and Cheese Bite *	675	✓	✓					✓							✓
Medium Sausage Roll*	409		✓					✓						✓	✓
Large Sausage Roll*	513		✓					✓						✓	✓
Vegan Sausage Roll*	515		✓												✓
Bacon, Brie and Cranberry Bite	562		✓					✓							
Christmas Sausage Roll*	512		✓					✓						✓	✓
Sweet Chilli pork Gourmet Sausage Roll	670		✓		✓			✓							✓
Pork Apple Cider Gourmet Sausage Roll	639		✓		✓			✓		✓					✓
Cheese & Chutney Gourmet Sausage Roll	675		✓		✓			✓							✓
Corned Beef Pasty (Bako)	583		✓					✓						✓	
Heavy Cake (Portreath Bakery)	459		✓					✓							✓
Ovex Glaze								✓							
M = May Contain															
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